

NAVY DRUG AND ALCOHOL ABUSE PREVENTION (NADAP)



NADAP E-GRAM

Vol. 1 No. 6

VISIT: [HTTP://NAVDWEB.SPAWAR.NAVY.MIL](http://NAVDWEB.SPAWAR.NAVY.MIL)

November 2003

Take a Stand Against Impaired Driving
December is National Drunk and Drugged Driving Prevention
(3D) Month

Youth Drinking and its Costs

Few will dispute the central role alcohol plays in the social world of youth culture. Even those who do not drink will attend parties where alcohol is present because their friends will be there. While there is nothing wrong with the consumption of alcohol, in moderation, young people typically lack the judgment and self-control to drink responsibly. The result is often a DUI, fight, or sexual assault. Young people in general, and underage personnel in particular, engage in more reckless behaviors when they drink.

In FY-03, just under half of Navy's alcohol fatalities were 20 and 21 year-old Sailors. Expand the subject group to Sailors 20-22, our highest risk group, and that number shoots up to nearly 55 percent. A group that represents less than 20 percent of all personnel made up over half of its alcohol fatalities in FY-03.

In FY-02, 20-22 year-old Sailors accounted for 50 percent of Navy's alcohol related fatalities and the percentages are identical for FY-01. Sailors 20 and under made up nearly half of the alcohol related fatalities in FY-00. On the whole, Sailors under the age of thirty have made up 84 percent of alcohol fatalities since FY-00. The consistency of these numbers reveals the extent of the challenge we face in reducing alcohol-related incidents and fatalities.

As always, prevention is the best approach. As leaders know when your young Sailors turn 21. A disproportionate number of incidents involve Sailors within one year of turning 21. Counsel all of your Sailors on the verge of turning 21 on what your expectations are now that they are of legal age. The message is not prohibition but responsible use, to drink in moderation. Young Sailors must know they will be held accountable for their behavior.

Prevention Is The Earliest Form Of Intervention

A Counseling Guide for Sailor's Turning 21 is available
on the NADAP website at: NAVDWEB.SPAWAR.NAVY.MIL
Choose the 3D icon

"Best Practice" of the Month

Dispel Popular Myths

Our Sailors deserve accurate information. We have a responsibility to provide our Sailors accurate information on the legal consequences of drug use. Some of the more common myths Sailors hear are:

- Random testing means only 10 percent of samples sent to Navy Drug Screening Laboratories (NDSL) get tested. *NDSLs test all samples that are submitted.*
- NDSLs do not test for this or that drug. *NDSLs have the capability to test for any drug.*

For more information on "Best Practices" log onto the NADAP website at:

[HTTP://NAVDWEB.SPAWAR.NAVY.MIL](http://NAVDWEB.SPAWAR.NAVY.MIL)

Choose the "Prevention Works" icon.

What's Coming Up?

Upcoming NADAP Summits are scheduled as follows:

FY-04

| | |
|-------------------|------------------------------|
| 17 - 20 November | Norfolk, VA |
| 19 - 23 January | Jacksonville/Mayport, FL |
| 23 - 27 February | Pearl Harbor, HI |
| 15 - 19 March | COMNAVRESFOR New Orleans, LA |
| 19 - 23 April | Yokosuka, Japan |
| 10 - 14 May | Millington, TN (ADCOS) |
| 07 - 11 June | Sigonella/Naples, Italy |
| 20 - 23 July | Bremerton/Whidbey Island, WA |
| 16 - 20 August | Brunswick, ME/New London, CT |
| 13 - 17 September | San Diego, CA |

For more information on NADAP Summits log onto the NADAP Website at:

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Choose Education/Training

Alcohol Factoid

Did you know that Alcohol-related crashes were responsible for 42 percent of all traffic fatalities in 2002?

Drug Factoid

Did you know that marijuana (THC) accounts for approximately 70 percent of all positive drug tests in the Navy?

NADAP E-GRAM. If you or others are interested in receiving the NADAP E-GRAM via e-mail let us know by sending us an e-mail to p603a@persnet.navy.mil. Don't forget about the other valuable resources available on the PERS-6 website at:

